



Leadership Education
Mentoring Institute

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THE POWER OF PARENT MENTORING

Part One

Leading Your Children to Realize Their Potential

Parents Mentor With:

1. **Wisdom** - Knowledge, and the capacity to make due use of it.
2. **Justice** - Conformity to the principles of righteousness and rectitude in all things.
3. **Judgment** - the operation of the mind, involving comparison and discrimination, by which a knowledge of the values and relations of things, whether of moral qualities, intellectual concepts, logical propositions, or material facts, is obtained; as, by careful judgment he avoided the peril; by a series of wrong judgments he forfeited confidence.
4. **Equity** - Equality of rights, the giving, or desiring to give, to each man his due, according to reason, and the law of God to man; fairness in determination of conflicting claims; impartiality.

4 Reasons Why Parents Don't Mentor

1. They don't know that they can.
 - Lack of vision.
2. They don't manage their time.
 - Lack of mission.
3. Personality conflicts.
 - Lack of ability.
4. Communications break down.
 - Lack of skills.

7 Types of Mentors

Mentor Type	Function	Formal	Informal
1. Parent	Authority to Lead along the Path of All Success	X	X
2. Soul	Deep supernatural link of friendship		X
3. Expert	Train in any given discipline	X	X
4. Guru	Give revealed knowledge to measure truth, guide	X	X
5. Leadership	Teaches mentee to think, usually by teaching the lessons of the ages through classical liberal arts education, helps protégé over tests, traps and trials.	X	X
6. Mission	Guide protege along his/her mission, giving tools and increasing impact.	X	X
7. Creation Events and Experience	Events and experiences, Informal mentors; provide impetus for growth.		X

Checks: 7 Vital Actions

1. Personal Planning and council: Self Knowing
2. Executive Family Council: Husband and Wife Council
3. Family Planning meetings
4. Family Council
5. Parent-Mentor Meetings--formal
6. Debrief meetings as needed--informal
7. Behavior simulations/ practice
 1. Self-Desire—Ignition
 2. Deep Practice—Deliberate Practice:
 - a. Specific time
 - b. Use Chunky and Daily task power
 - c. Acknowledge feeling and move through it, applying new feelings
 3. Master Coaching—Love, understanding of where they are, where they've been, and where they need to go, perceptive, fast reflexes, honesty, spiritual eyes.

Husband and Wife Council Meetings

List of Possible questions:

From the Husband who conducts:

1. What are your needs and wants?
2. What projects are you working on right now? Is there anything I can help you with?
3. Who are your **friends**? How are they?
4. Go through the children one by one and ask, "How is "so and so" doing and what are his needs and wants? Is there anything I can help with?"
5. What are our 5 year, 10 year, and 1 year goals? Do we need to adjust our activities so that we meet those goals?
6. Are we staying within our financial budget? What do we need to adjust?
7. Is there anything I've done that has hurt you that I need to take care of?
8. How is your relationship with the kids?
9. How is your relationship with **God**?
10. Are you happy?
11. Is there anything I can do to help you this week?

From Wife to Husband:

1. What are your needs and wants this week?
2. How are you doing with your goals?
3. Is there anything I can do to help you?
4. Is there anything I've done that has hurt you that I need to take care of?

Others:

Parent Mentoring

List of Possible questions:

1. What things do you care about?
2. What do you know about your personal mission, have you sensed anything before?
3. Who are your **friends**? How are they?
4. How can we help you reach your **educational goals**? What are your educational goals?
5. How much **time** do you think you should be **studying** each week? What **routine schedule** is best for you?
6. What things do you **struggle** with? Is there anything we can help you with?
7. Is there anything I've done that has hurt you that I need to take care of?
8. How is your relationship with your **brothers and sisters**?
9. How is your relationship with **God**?
10. What are your goals this week? What are your commitments?
11. Did you keep last week's commitments? Why or why not, how can we adjust them?
12. Are you moving toward your goals?

Others:

Social Orientation

1. Power-oriented
2. Competitive
3. Aggressive
4. Rebellious
5. Self-demeaning
6. Dependent
7. Conforming
8. Responsible
9. Compliant

Social Orientation

<p style="text-align: center;">Power-Oriented</p> <p>Is most comfortable when they feel strong and self-reliant. They are most concerned with dominance. They need to see themselves in control of their lives.</p> <p>Healthy – The Leader, The Brain <u>Unhealthy</u> – The Dictator, The Perfectionist</p>	<p style="text-align: center;">Competitive</p> <p>Only when they see themselves as better than others do they feel comfortable. Without a standard of comparison, these youth have no way to establish their self-esteem.</p> <p>Healthy – The Politician, The Jock, The Entrepreneur <u>Unhealthy</u> – The Snob, The Macho Man, Me First</p>
<p style="text-align: center;">Aggressive</p> <p>Most use hostility as their primary defense and so not relate well to others. They genuinely seek to cause pain in others. These youth usually have had some kind of trauma.</p> <p>Healthy – The Pious, The Drill Instructor <u>Unhealthy</u> – The Bully, The Judge, The Sadist</p>	<p style="text-align: center;">Rebellious</p> <p>They want to push others away and withdraw from social experiences. They typically blame themselves for being unacceptable but usually have been hurt during early childhood.</p> <p>Healthy – The Individualist, The Antagonist <u>Unhealthy</u> – The Complainer, The Delinquent</p>

Social Orientations cont.

<p style="text-align: center;">Self-Demeaning</p> <p>They emphasize their own weaknesses. They withdraw passively rather than angrily. When they do become angry it is directed toward themselves.</p> <p>Healthy – The Modest, The Servant <u>Unhealthy</u> – The Recluse, The Martyr</p>	<p style="text-align: center;">Dependent</p> <p>They primarily fear they will be inadequate or fail. They do not like doing things alone, that they feel incompetent at. They want to be with people who help empower them.</p> <p><u>Healthy</u> – The Follower, The Admirer, The Imitator <u>Unhealthy</u> – The Helpless, The Gullible, The Cling</p>
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<p style="text-align: center;">Compliant</p> <p>The Compliant child is eager to please. They are usually quick to obey. They are sweet-tempered and like the responsible child they are well-liked, respected and happy but unlike the responsible child they don't usually initiate getting the work done. They need to be asked.</p> <p>Healthy – The Friend, The Nurturer <u>Unhealthy</u> – The Lazy, The Conman</p>	<p style="text-align: center;">Conforming</p> <p>Seldom create disturbances. They strive for peaceful resolution. They assume the most affectionate position of all the others. They feel most comfortable when they fulfill others' expectations of them.</p> <p><u>Healthy</u> – The Counselor, The Greeter <u>Unhealthy</u> – The Yes-Man, The Chameleon</p>	<p style="text-align: center;">Responsible</p> <p>Closest to the social ideal. They are well-liked, respected and happy. They reflect good, logical reasoning and a sense of fair-mindedness. They are mature and have an innate sense of what needs to get done.</p> <p>Healthy – The Helper, The Reliable, The Overachiever <u>Unhealthy</u> – The Little Adult, The Neurotic</p>
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Myers-Brigg Personality Typing

Nurture by Nature by Teiger and Teiger

Please Understand Me by Keirsey and Bates

Briggs-Meyer Personality Typing

<p>Extravert Seek interaction Enjoy groups Talkative Think out loud Get energy by being with people</p>	<p>Sensor Prefer facts Pay attention to specifics Focus on the present Value common sense</p>	<p>Thinking Firm-minded Analyze the problem Convince by logic Value justice Usually don't take things personally</p>	<p>Judging Seek closure Value structure Plan ahead Like order Work now/play later</p>
<p>Introvert Like to be alone Focus inwardly Reserved Conserve energy Enjoy one-on-one</p>	<p>iNtuitive Prefer insights Focus on the big picture Value innovation Are inspired and imaginative</p>	<p>Feeling Gentle hearted Can be seen as overemotional Tactful Value relationships Decide with their heart</p>	<p>Perceiving Seek openness Value the flow Adapt as they go Likes flexibility Play now/work later</p>

Briggs-Meyer Types cont.

<p>ENTJ Confident leader, decisive, ambitious, likes intellectual exchange, ingenious, resourceful in solving complex problems, independent, self-determined. Aspires to be the best at things.</p>	<p>ENTP Outspoken, thrives on challenge, charming, enthusiastic, values freedom and independence, spontaneous, impulsive, risk-taker, inquisitive and curious.</p>	<p>ENFJ Friendly, charming, enthusiastic, persuasive speaker and inspiring, empathetic, warm, responsible, goal-oriented, conscientious diplomatic and good at promoting harmony.</p>	<p>ENFP Warm-spirited, helpful, accepting, compassionate, full of enthusiasm and new ideas, good at inspiring action, creative, spontaneous, fun-loving, insightful, and perceptive, individualistic.</p>
<p>INTJ Independent, creative, individualistic, drives self and others, skilled at creating theories and systems, responsible, reserved and private, determined, creative problem solver.</p>	<p>INTP Analytical, brilliant, conceptual problem solver, original thinker, idiosyncratic and nonconforming, values precision in thought and language, notices inconsistencies, contradictions and logical flaws.</p>	<p>INFJ Sensitive, deep, single-minded regarding personal values and convictions, rich inner life, original, idealistic, reserved, gentle, enjoys solitude, strong need for harmony, conscientious, and determined.</p>	<p>INFP Devoted, open-minded, compassionate, gentle -- dislikes rules, orders, schedules, deadlines likes learning and projects, sets high standards for self, idealistic, creative.</p>

The Five Love Languages

- **Physical Touch** - Will you hold me?
- **Words of Affirmation** - Will you talk to me?
- **Acts of Service** - Will you do this for me?
- **Gifts** - Lets go shopping or make a project.
- **Quality Time** - Can you spend time with me?

The Enneagram

